# ANNUAL REPORT





## TABLE OF CONTENTS

ANEN

Rooms

207-213

- Leadership Commentary
- 2 Benefits of AANEM
- 3 Membership

1

211

- 5 Annual Meeting
- 7 Education
- Advocacy 9
  - Professional Standards
  - Financials
  - Corporate Supporters
    - Advocacy Contributors
    - **Board of Directors**
    - Mission, Vision, Values

## LEADERSHIP COMMENTARY



The AANEM had an exceptional year in 2019. We experienced membership growth, the highest attended annual meeting ever, successfully engaged trainees and young faculty members, increased participation in the Training Program Partnership, and continued our strong advocacy initiatives. We saw Zachary Simmons, MD, renew his commitment to our society's journal, *Muscle & Nerve*, ensuring another 4 years of strong leadership. AANEM continued to provide unparalleled educational services in EDX, NM and MSK medicine.

The AANEM is in a strong financial position. Thanks to our speakers volunteering their time and expertise, we were able to host another great meeting in Austin, Texas, that included the launch of our foundation's new name, the American Neuromuscular Foundation. We thank AANEM staff for their continued dedication and professionalism, year after year. I'd also like to acknowledge several other groups that were vital to the meeting's success:

- Members of AANEM for their attendance at the meeting, making it the most well-attended ever
- **Plenary speakers** for creating a truly memorable plenary program
- **Meeting faculty** for their illuminating educational contributions
- **Researchers** who shared their scientific works
- Industry sponsors for their ongoing support of our mission

We are well-positioned for whatever the future may hold, and I am looking forward to seeing what our next generation of members will add to this wonderful group.

Anthony Chiodo, MD 2018-19 AANEM President



## **BENEFITS OF MEMBERSHIP**

Neuromuscular specialists receive numerous benefits from AANEM membership. AANEM, as the premier organization for NM and EDX medicine, is known for unparalleled educational materials. Free or significantly discounted educational resources are available for members. Other perks of AANEM membership include discounted registration for the AANEM Annual Meeting, access to the prestigious *Muscle & Nerve* journal, and various professional development and leadership opportunities. AANEM members also receive access to industry news and research, have opportunities to network with peers and experts in the industry, and benefit from AANEM's efforts to advocate for high-quality, ethical patient care. AANEM members also have free access to an important resource - the combined knowledge and experience of their fellow members via AANEM Connect, a members-only online discussion forum at www.aanem.org/Membership/Member-Portal/AANEM-Connect.

Learn more about the benefits of AANEM membership at www.aanem.org/join.

## MEMBERSHIP



AANEM is a unique platform bringing two specialties together – neurology and physical medicine and rehabilitation. It has served my needs very well as I grew from a resident/fellow to faculty. The Training Program Partnership has become a favorite of training programs by providing residents and fellows free AANEM membership, access to member benefits, a significant discount on the annual meeting registration and educational products.

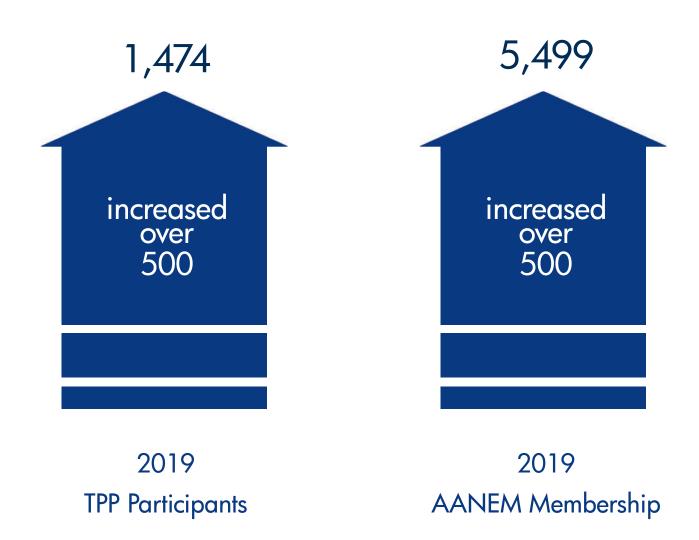
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Niranjan Singh, MD AANEM member since 2008 "

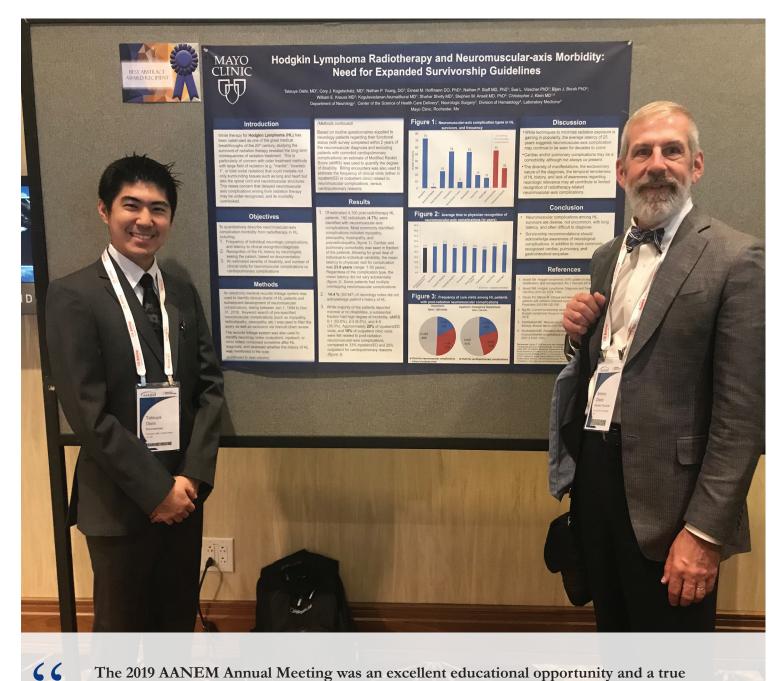
#### Training Program Partnership

The TPP has contributed significantly to AANEM's membership growth over the last several years, mainly due to the unmatched benefits program directors, residents, and fellows gain. For just \$253, an entire department can join the Training Program Partnership, and all of the department's training programs receive the benefits. There are free educational resources exclusively available to participants in the TPP, along with free AANEM membership and a large annual meeting discount for physicians-in-training.

In 2019, total AANEM membership increased by over 500 to 5,499 members and participation in the Training Program Partnership also increased by over 500 to 1,474 participants. These young trainees are the next generation of medicine, and the Training Program Partnership provides a great avenue for them to realize the many benefits of getting involved with the AANEM.



## ANNUAL MEETING



The 2019 AANEM Annual Meeting was an excellent educational opportunity and a true highlight of my fellowship experience. It was humbling to stand alongside countless talented and knowledgeable clinicians and researchers who are expanding the universe of neuromuscular knowledge. As a technology enthusiast, I was fascinated by the plenary sessions on the role of telecommunications and robotics to help patients with various neuromuscular conditions. It was truly an honor to be selected for the best abstract award among so many other exciting developments and discoveries presented at the meeting.

**Tatsuya Oishi, MD** 2019 Best Abstract Award Recipient "

#### AANEM Annual Meeting

#### New Achievement Awards

The AANEM awarded Sabrina Paganoni, MD, PhD, and Lisa D. Hobson-Webb, MD, with the inaugural Scientific Impact Awards. Dr. Paganoni received the award for her second authorship on a December 2017 article in *Muscle & Nerve* titled "Phase IIa Trial of Fingolimod for Amyotrophic Lateral Sclerosis Demonstrates Acceptable Acute Safety and Tolerability." Dr. Hobson-Webb received the award for her work as first author on an Oct. 2016 article in *Muscle & Nerve* titled "Ultrasound in EMG-Guided Biopsies: A Prospective, Randomized Pilot Trial."



Sabrina Paganoni, MD, PhD



Lisa D. Hobson-Webb, MD

The AANEM also awarded the Jun Kimura Outstanding Educator Award in neurology to Pushpa Narayanaswami, MBBS, DM, and the Ernest Johnson Outstanding Educator Award in PMR to Jeffrey A. Strakowski, MD, for significant contributions related to neuromuscular and electrodiagnostic medicine education.



Pushpa Narayanaswami, MBBS, DM



Jeffrey A. Strakowski, MD

#### New Meeting Proposal System

The AANEM created an all-new meeting proposal system in 2019. The new system allows members with content suggestions, or those interested in being an AANEM Annual Meeting faculty member to submit their ideas using the AANEM website.



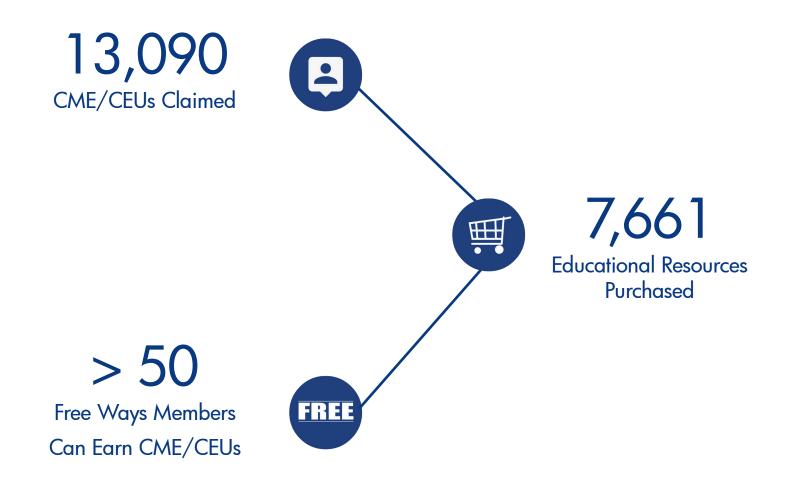
## **EDUCATION**



## ACCME Accreditation With Commendation

The Accreditation Council for Continuing Medical Education awarded AANEM the ACCME Accreditation with Commendation for the next 6 years, until November 2025, as a provider of continuing medical education for physicians. The Accreditation with Commendation decision was based on a rigorous, multilevel process for evaluating institutions' continuing medical education programs according to high accreditation standards.

AANEM also upgraded its educational user interface, providing easier access to all of our valuable educational materials.



## ADVOCACY



We've now been active on Capitol Hill for six consecutive years. The congressional offices are very familiar with us and our efforts. Nearly every single office was very supportive of our cause and they were all eager to assist us in any way possible. These were some of the most productive meetings we've seen yet and we're hopeful for some concrete action on this issue in the near future.

Millie Suk, JD, MPP Health Policy Director ) )

#### AANEM in Action

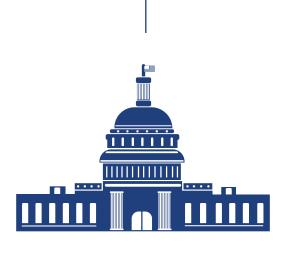
#### Annual Day

A record number, 18 AANEM State Liaisons, attended AANEM's 2019 Annual Day on Capitol Hill on May 20, 2019. The liaisons focused on 3 primary "asks":

- Establish quality standards for EDX medicine to both improve patient care and stop fraud and abuse.
- Support the bipartisan legislation Strengthening the Health Care Fraud Prevention Task Force Act (H.R. 525).
- Provide the NIH with a \$2.5 billion increase for FY2020.

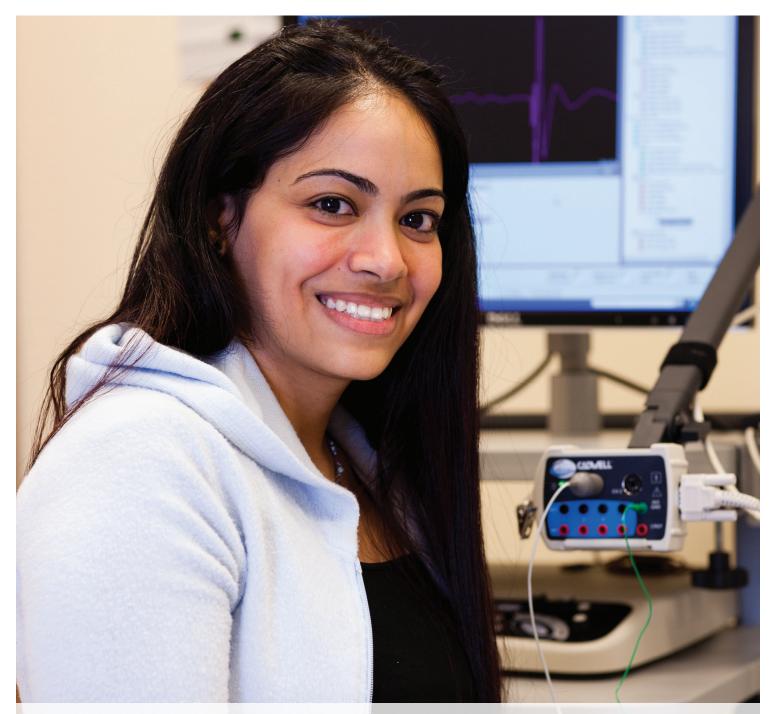
#### New Published Statements

- AANEM completed a new position statement in 2019, "Establishing Standards for Acceptable Waveforms in NCSs." This document is designed to clarify what constitutes an acceptable waveform to assist both EDX practitioners, as well as to help insurers and law enforcement identify fraudulent EDX testing.
- A new consensus statement was published, "The Utility and Practice of EDX Testing in the Pediatric Population." The authors found that EDX testing is very useful for the diagnosis of numerous childhood NM disorders and that standardized approaches, along with high-quality reference values specific to infants, children and adolescents, are important to ensure the highest level of diagnostic accuracy.





## **PROFESSIONAL STANDARDS**



2019 saw continued strong participation in the EDX Lab Accreditation program. The addition of the Neuromuscular Ultrasound Certificate of Added Qualification (CAQ) provided those who are performing ultrasound in their practices a way to showcase their expertise in this emerging area of medicine. The ABEM anticipates this CAQ will grow in popularity in the coming years.

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Anna Vredenburg Professional Standards Sr. Coordinator

### Dedicated to Quality Care

## ABEM CERTIFICATIONS 50 States (and Puerto Rico) 34 Countries CNCT CERTIFIED TECHNOLOGISTS 38 States (and Puerto Rico) 7 Countries



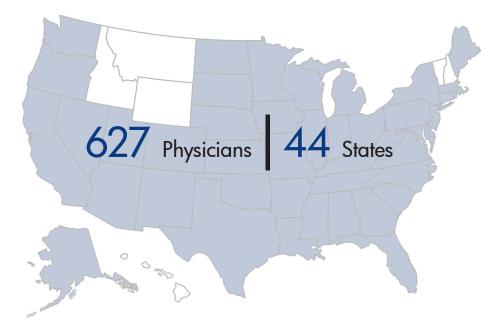
To learn more about certification opportunities, visit www.abemexam.org.



NEUROMUSCULAR ULTRASOUND CERTIFICATE OF ADDED QUALIFICATION

38 Physicians passed

## EDX Laboratory Accreditation





For information about EDX laboratory accreditation, visit www.aanem.org/accreditation.

## **FINANCIALS**

#### STATEMENT OF FINANCIAL POSITION - AANEM

For years ending 12/31/2019 and 12/31/2018

	2019		2018
ASSETS			
Current Assets	\$ 2,956,325	\$	2,125,479
Investments	6,343,968		5,469,430
Fixed Assets (net)	1,037,607		1,068,992
Total Assets	\$ 10,337,900	\$	8,663,901
LIABILITIES & NET ASSETS			
Current Liabilities	\$ 1,076,008	\$	988,299
Long-Term Debt	-		-
Total Liabilities	\$ 1,076,008	\$	988,299
Net Assets	\$ 9,261,892	\$	7,675,602
Total Liabilities and Net Assets	\$ 10,337,900	\$	8,663,901

#### SUMMARY STATEMENT OF ACTIVITIES - AANEM

For periods ending 12/31/2019 and 12/31/2018

		2019		2018
REVENUES				
Member Services	\$	1,101,994		\$ 1,073,509
Journal Revenue		607,713		533,577
Advocacy		11,217		10,402
Educational Programs		322,816		348,442
Annual Meeting		1,796,727		1,641,360
Professional Standards		290,225		296,190
Total Revenue	\$	4,130,692	1	\$ 3,903,480
EXPENSES				
Member Services	\$	1,044,525		\$ 950,239
Journal: Payments to Wiley		275,000		275,000
Advocacy/Direct Lobbying		207,131		216,871
Foundation Administrative Expense		102,730		62,975
Educational Programs		299,007		333,370
Annual Meeting		1,259,945		1,239,224
Professional Standards		231,372		203,415
Total Expense	\$	3,419,710		\$ 3,281,094
Operating Surplus	\$	710,982		\$ 622,386
Net Investment Income		900,309		(303,817)
Transfer to AANEM Foundation		(25,000)		(25,000)
CHANGE IN NET ASSETS	Ş	1,586,291		\$ 293,569

## AANEM CORPORATE SUPPORTERS

We appreciate the support and contributions the following companies made to AANEM and the 2019 Annual Meeting.



Platinum Plus Support (\$125,000+)



Gold Support (\$65,000 - \$94,999)



Mitsubishi Tanabe Pharma America











Biogen



**CSL Behring** 

## SANOFI GENZYME 🌍

Industry Friends (Up to \$24,999)

























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#### AANEM ADVOCACY CONTRIBUTORS

## We appreciate the support and contributions the following contributors made to AANEM's 2019 advocacy efforts.

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## MISSION

To improve the quality of patient care and advance the science of NM diseases and EDX medicine by serving physicians and allied health professionals who care for those with muscle and nerve disorders.

## VISION

To be the premier organization ensuring quality NM and EDX care for all patients.





## VALUES

#### **Patient Care**

Supporting the efforts to ensure high quality, cost effective, ethical care for patients.

#### **Standards**

Developing and promoting best practice standards.

#### Collaboration

Encouraging a multi-disciplinary approach to patient care and developing ethical relationships with others who can advance the industry.

#### **Provider Education**

Advancing physicians' and allied health professionals' care of patients.

**Policy Leadership** Defining and advocating for quality patient care.



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